WHAT IS CLAIMED IS:

1. A screw member, comprising a main body having a first end provided with a head portion, wherein:

the head portion has a center formed with a substantially Y-shaped insertion recess.

- 2. The screw member in accordance with claim 1, wherein the head portion has a planar shape.
- 3. The screw member in accordance with claim 1, wherein the head portion has a circular shape.
- 4. The screw member in accordance with claim 1, wherein the insertion recess of the head portion includes three locking grooves.

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- 5. The screw member in accordance with claim 4, wherein the head portion has a circular shape, and the three locking grooves of the insertion recess of the head portion are equally divided portions of the circular head portion.
- 6. The screw member in accordance with claim 4, further comprising a screwdriver having a substantially Y-shaped tip inserted into the insertion recess of the head portion and locked in the three locking grooves of the insertion recess of the head portion.
- 7. The screw member in accordance with claim 6, wherein the tip of the screwdriver is combined with the insertion recess of the head portion in a co-planar three-point contact manner.

- 8. The screw member in accordance with claim 7, wherein the tip of the screwdriver is combined with the head portion in a co-planar three-point contact manner, so that the tangential directions of three forces applied by the three locking grooves of the insertion recess of the head portion on the tip of the screwdriver form a substantially circular curve which aligns with the circular rotation direction of the tip of the screwdriver.
- 9. The screw member in accordance with claim 4, wherein each of the three locking grooves of the insertion recess of the head portion has a wall having the same cross-sectional area.
- 10. The screw member in accordance with claim 1, wherein the main body has a second end provided with a threaded portion.

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